

DIY STORYTIME

THEME: BEDTIME STORIES

Here are some ideas and activities to try this week with your child. These five practices are designed to help your child develop literacy skills, engage your child, and enhance the bonds between you.



READ

[The Going to Bed Book by Sandra Boynton](#)

[Back to Bed, Ed! by Sebastien Braun](#)

[Bedtime for Sweet Creatures by Nikki Grimes](#)

[Good Knight, Mustache Baby by Bridget Heos](#)

[Goodnight Already! by Jory John](#)

[Counting Kisses by Karen Katz](#)

[The Bedtime Book by Todd Parr](#)

[Goodnight, Goodnight, Construction Site by Sherri Duskey Rinker](#)

[Don't Let the Pigeon Stay up Late! by Mo Willems](#)

PLAY

Stretch and relax your body to get ready for bed by participating in yoga for young children with [Cosmic Kids Yoga on Youtube](#).

WRITE

Using a q-tip and paint, draw the moon and clouds, your bed or any other bedtime themed picture.

SING

[Sleeping Bunnies Action Song](#)

(kids lie on the floor pretending to sleep)

See the little bunnies sleeping, 'til it's nearly noon.

Come and let us gently wake them with a merry tune.

Oh, how still. Are they ill?

Wake up soon.....

(kids wake up and hop around the room like bunnies)

Hop little bunnies, hop hop hop!

Hop little bunnies, hop hop hop!

Hop little bunnies, hop hop hop!

Hop little bunnies, hop...and...stop!

TALK

At the end of the day, talk about everything that happened today. What was your favorite part? What was your least favorite part? Do you have any hopes for tomorrow? What do you think you'll dream about tonight?