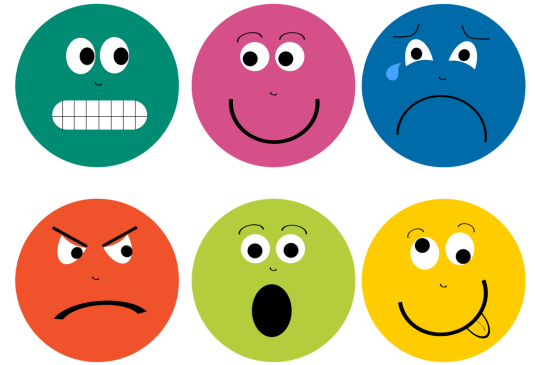


DIY STORYTIME

THEME: EMOTIONS

Here are some ideas and activities to try this week with your child. These five practices are designed to help your child develop literacy skills, engage your child, and enhance the bonds between you.



READ

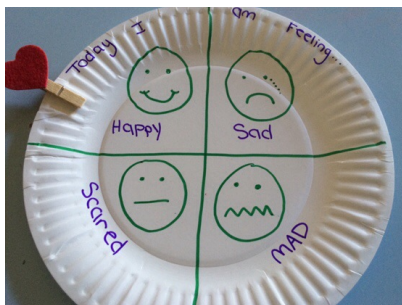
[The Crayons' Book of Feelings by Drew Daywalt](#)
[The Rabbit Listened by Cori Doerrfeld](#)
[When Sadness is at Your Door by Eva Eland](#)
[Tomorrow I'll Be Brave by Jessica Hische](#)
[Grumpy Monkey by Suzanne Lang](#)
[Today I Feel... by Madalena Moniz](#)
[Big Feelings by Alexandra Penfold](#)
[The Happy Book by Andy Rash](#)
[The Bad Mood and the Stick by Lemony Snicket](#)

TALK

Talk about different emotions we experience. What faces do you make when you feel these different emotions?

WRITE

Make an emotion wheel using a paper plate, drawing utensils, and a clothespin. Use the wheel to discuss how your child is feeling.



SING

Where is Happy?

(Tune: Are You Sleeping?)
 Where is happy? Where is happy?
 Here I am, here I am (smile.)
 How are you today, sir?
 Very well, I thank you.
 Good day, sir. Good day, sir.

Repeat with other emotions, using voice and face to convey feelings.

If You're Happy and You Know It

If you're happy and you know it, clap your hands.
 If you're happy and you know it, clap your hands.
 If you're happy and you know it, then your face will surely show it.
 If you're happy and you know it, clap your hands.

If you're angry and you know it, stomp your feet...
 If you're scared and you know it, hide your eyes...

PLAY

Play a game of charades! Act out or make facial expressions to show an emotion and have your child guess the emotion. Reverse roles if desired.